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MARSHALLS PARK ACADEMY



NEWSLETTER

Volume 18, Issue 13, October 2026

Page 1

Marshall's Park Academy Celebrates Mental Health Awareness Day 2026



**Be Yourself. Be Heard.
Be Seen.**

On Friday 9th October, Marshall's Park Academy came together to support Mental Health Awareness Day, with a special non-uniform day and a series of five-minute wellbeing activities woven into lessons throughout the school day. The initiative was driven by our School Council, whose commitment to promoting positive mental health and wellbeing helped create a meaningful day for our whole school community.

Two years ago, our School Council made a pledge to support more charitable causes by raising both money and awareness within our school community. This year, we are proud to build on that commitment by introducing a new focus on supporting charitable causes alongside our ongoing efforts to promote wellbeing and make a positive difference to others.



Mental Health Awareness Day continued...

In the build-up to the event, our Senior Prefects led assemblies to raise awareness of the importance of looking after our mental health, encouraging students to reflect on their own wellbeing and consider how they can support those around them. Their leadership helped set the tone for a day focused on kindness, individuality, self-acceptance and the importance of ensuring everyone feels valued, heard and seen. The non-uniform day gave students the opportunity to express their individuality and celebrate what makes them unique, bringing our central message to life: Be Yourself. Be Heard. Be Seen. Alongside this, students took part in a range of short, thoughtful wellbeing starters during their lessons, providing opportunities to pause, reflect and reset without any pressure to share personal experiences.

Activities included mindfulness and breathing exercises to help students start the day positively, setting achievable goals, recognising the importance of balancing achievement with rest, and reflecting on three good things in their lives. Students were also encouraged to recognise that nobody has everything figured out, that making mistakes is part of learning, and that being kind to ourselves is an essential part of maintaining good mental health. The day concluded with a celebration of individuality, encouraging everyone to recognise and appreciate the qualities that make them who they are.

These simple activities reinforced some important messages: we do not have to do everything at once; taking a break is just as important as achieving our goals; small positive moments deserve to be celebrated; and we all belong without having to be the same as everyone else.

A huge thank you to all our students for their fabulous conduct, positive attitudes and enthusiastic engagement throughout the day. It was wonderful to see everyone embracing the spirit of the event and helping to create such a supportive and respectful atmosphere across the Academy.

We are delighted to share that, thanks to the generosity of our families, we raised **£861** in support of this important cause. We would like to extend our sincere thanks to everyone who donated and helped make a difference. Your kindness and generosity reflect the strength of our school community when we come together to support something that matters.



Mental Health Awareness Day was a fantastic example of student leadership in action and a valuable reminder that supporting mental health is not just about one day. It is about the small things we do every day to look after ourselves, listen to others, show kindness and make sure everyone feels that they belong.

Thank you to our School Council, Senior Prefects, staff, students and families for helping to make the day such a success.

Be Yourself. Be Heard. Be Seen.



Prospective Parents' Evening 2026



On Wednesday 30th September 2026, we were delighted to welcome our largest-ever cohort of prospective MPA students and their families to our annual Prospective Parents' Evening. The event is always a wonderful opportunity to showcase our school's ethos, values and community, while beginning to build the strong, positive partnerships between home and school that are so important to our students' success.

Mrs Aylett very much enjoyed hosting her first Prospective Parents' Evening as Headteacher. It was a pleasure to meet so many families, share what makes MPA such a special place to learn and grow, and offer an insight into the opportunities and experiences that await our future students. We were thrilled that attendance was higher than ever, reflecting the continued interest in our school and the enthusiasm of families exploring the next stage of their children's education.

As always, our students played a central role in the evening, with pupils representing the school as subject ambassadors and "human signposts". We were incredibly proud of the friendly, confident and mature way they welcomed our visitors. Their enthusiasm for MPA, their willingness to answer questions and their thoughtful reflections on school life helped to reassure Year 6 pupils and their families as they considered this important next step in their educational journey.

We would like to extend our particular thanks to Ishana and Harry in Year 7, alongside our Head Girl, Chloe, and Head Boy, Ayush, who also spoke during the evening. We are extremely grateful to them for sharing their experiences, speaking so genuinely about our school and helping our prospective families gain a valuable insight into life at MPA.



Prospective Parents' Evening 2026 continued...

We would also like to congratulate our Year 6 Challenge winners, who were selected at random from all those who completed our Prospective Parents' Evening Challenge. Each winner will receive a £10 Amazon voucher in recognition of their participation.

Isatou J	Broadford Primary
Isla T	Parklands Primary
Matilda C	Crownfield Juniors
Holly-Mai B	Crownfield Juniors
Darcy F	Parklands Primary
Emily Q	Mawney Foundation
Lexi E	Rise Park
Abigael O	Harold Court



Thank you to everyone who helped make the evening such a success. We were delighted to welcome so many families into our school community and look forward to continuing to build relationships with those who may soon become part of MPA.



Year 10 and 11 Raising Standards Evening



All Year 10 and Year 11 students and their parents/carers were invited to attend our Raising Standards Evenings on 17th and 24th October respectively, ensuring that students are fully prepared for the crucial months ahead as they work towards their GCSE examinations.

Both evenings were highly successful and provided valuable guidance for students and families. We were delighted to welcome two former students, **Dylan** and **Angelina**, who shared their personal experiences, honest advice and inspiring stories of success. Their insights offered current students a powerful reminder of the importance of hard work, resilience and effective revision strategies.

The Year 11 evening also provided parents/carers with the opportunity to speak directly with subject and curriculum leaders about the revision resources, support materials and strategies that will best support their children in the lead-up to their examinations.

We would like to wish all Year 11 students every success in their forthcoming PPE examinations, which take place from **2nd to 13th November**. We are confident that their hard work and preparation will help them achieve their full potential.



Poppy Appeal 2026

Charity Prefects Lead Our Poppy Appeal

Coming soon...



Poppy Appeal 2026

After half term, our Charity Prefects will be taking a visible and active role in our school community as we come together to support the Royal British Legion's Poppy Appeal. Throughout the school, our Charity Prefects will be selling poppies during morning registrations, giving students and staff the opportunity to show their support and contribute to this important cause.

Over the past two years, our school community has raised **over £500** for the Royal British Legion, demonstrating our shared commitment to supporting others and making a positive difference. We are incredibly proud of this achievement and hope to build on this success in 2026.

This initiative is a wonderful opportunity for our prefects to put their leadership into action. By taking responsibility for organising and supporting fundraising activities, they are becoming increasingly visible role models within our school, encouraging others to get involved and helping to strengthen our culture of kindness, service and community spirit.

The money raised through the Poppy Appeal helps the Royal British Legion provide vital support to serving members of the Armed Forces, veterans and their families. This includes practical and emotional support, assistance with financial difficulties, and help for those facing challenges as a result of their service. Every contribution helps the charity continue its important work, ensuring that members of the Armed Forces community receive the care and support they deserve.

Thank you for supporting our Charity Prefects and helping our school community make a difference.



Brentwood School Visit

The Brentwood School – Bursary Programme



On the 10th September, Mr Goude had the pleasure of taking eight students to the Brentwood School as part of the Bursary Prospect the Brentwood School offers and post-16 pathways.

The students discovered the different pathways available to them that included BTECs, A-levels and the International Baccalaureate followed by a tour of school as a potential post-16 destination. T

The eight students were a credit to Marshalls Park demonstrating curiosity and maturity. it was also lovely to meet ex-students who were embracing their studies whilst going through the University application process, including Cambridge.



V&A Museum

Year 11 Photography Trip to the V&A Museum

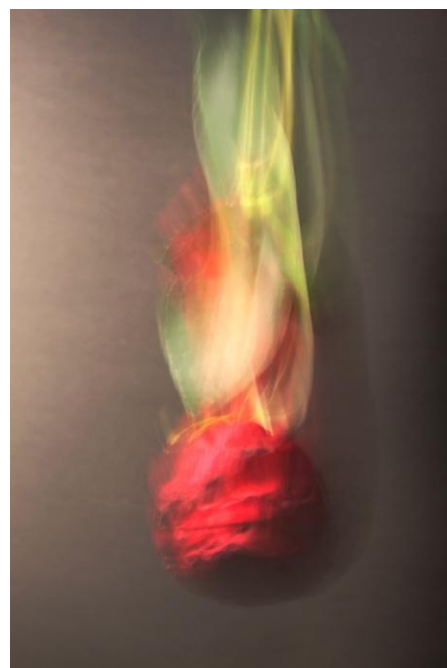
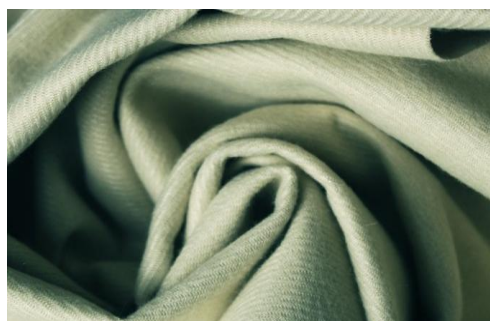
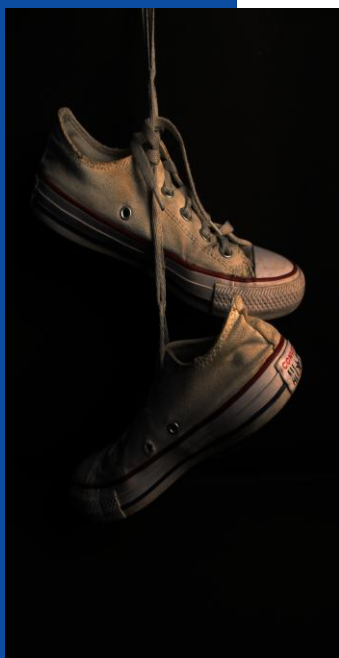


On 16th September, our Year 11 GCSE Photography students visited the Victoria and Albert Museum in London as part of their GCSE studies. Students are currently undertaking an exciting new project where they have the freedom to explore their own themes, interests and creative ideas. The trip provided a fantastic opportunity for students to discover a wide range of artwork, photography and historical objects, helping discover a wide range of artwork, photography



and historical objects, helping to inspire new directions for their individual projects. Throughout the visit, students gathered visual inspiration, explored different artistic approaches and made connections to their chosen themes. It was a wonderful experience that encouraged creativity, independent and fresh ideas as students continue to develop their GCSE Photography portfolios.

Following the trip, students used the inspiration they gathered at the V&A Museum to plan and carry out their own creative photoshoots. They explored different ideas, compositions and photographic techniques to produce images that reflect their individual theses. Here are some fantastic examples of the photographs captured by our Year 11 students, showing how their visit has influenced their creative work.





London Lions Basketball Trip

MPA Students Enjoy Exciting EuroCup Basketball Trip

On Tuesday 6th October, a group of 39 students and six members of staff from MPA enjoyed a fantastic evening at the Copper Box Arena, watching the London Lions take on Tenerife in an exciting EuroCup basketball fixture.

The atmosphere inside the arena was electric from the start, with both teams battling hard throughout a fast-paced and entertaining game. The Lions produced an impressive performance to secure an 87–77 victory over Tenerife, giving our students plenty to celebrate.

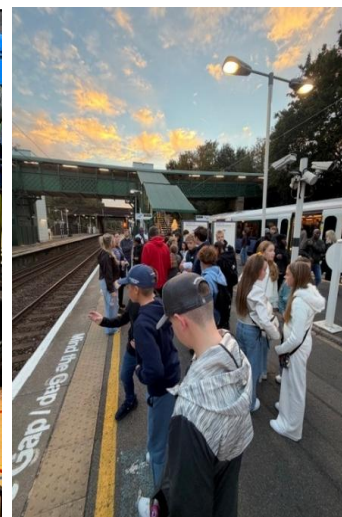
The MPA students were superb throughout the evening, representing the school brilliantly with their enthusiasm, energy and excellent behaviour. It was fantastic to see them getting fully involved in the experience and supporting the Lions from the stands.

The evening became even more memorable when three of our students were given the opportunity to take part in the half-time entertainment on court. They embraced the opportunity with confidence and enthusiasm, much to the enjoyment of their fellow students and the crowd.

It was a brilliant evening of sport, entertainment and school spirit, giving our students the chance to experience professional basketball at one of London's major sporting venues.

Mr Aylett would like to thank all of the staff who supported the trip and helped make the evening such a great success. Their time, commitment and support were greatly appreciated.

A fantastic experience for everyone involved, and one that our students will remember for a long time!





Norway Trip

Norway Adventure Begins!

The countdown begins.....Norway, here we come...

On Thursday 15th October 34 students and three staff embarked on an unforgettable journey to Norway!

Over the coming days, our students will have the opportunity to explore breathtaking landscapes, experience a new culture, build lifelong memories, and challenge themselves through exciting new experiences, whilst further developing their physical Geography and Science skills. School trips like this are about far more than travel; they develop confidence, independence, resilience, and friendships that will last long after we return home.

We know our students will be fantastic ambassadors for the school, and we cannot wait to share updates of their adventures along the way.

Keep an eye our on our school socials to see what the group get up to.

We wish everyone a safe journey and an incredible experience. MPA, to Norway!





Duke of Edinburgh Award

Silver Practice Expedition

As students returned to school in September, the Silver Practice Expedition was one of the first major events on the calendar. With students returning on Thursday, it was a busy few days, but a fantastic way to begin the new academic year.

For many members of staff, the Silver Expedition is a firm favourite. Spanning three days, it provides a valuable opportunity to get to know the students better and see their personal development in action. This group had already impressed during their Bronze Expeditions, and they continued to demonstrate the same outstanding attitude, enthusiasm and determination throughout Silver.

The expedition is certainly not easy. Students walk approximately 30 miles over three days, tackling some challenging hills in the Danbury area along the way. However, every challenge presented to this group was met with determination, and they rose to the occasion with flying colours.

Although expeditions require a considerable amount of preparation and hard work, they are incredibly rewarding experiences. Mr Dowsey thoroughly enjoyed taking the students away and helping them start the academic year with such a meaningful opportunity for personal growth.

The students will now continue working towards completing their Physical, Skills and Volunteering sections, before undertaking their Qualifying Expedition at the beginning of May. Their journey of personal development is an exciting one, and Mr Dowsey wishes them every success for the year ahead. Developing the right habits and attitudes in Year 10 can make a significant difference when students progress into Year 11, and this group has made an excellent start.





Duke of Edinburgh Award

Silver Practice Expedition continued...





Duke of Edinburgh Award

Silver Presentation Evening

The Silver Presentation Evening marks the end of the students' Duke of Edinburgh Award journey at Marshalls Park Academy, providing a wonderful opportunity to reflect on everything they have achieved over the past couple of years.

The Duke of Edinburgh Award plays an important role in helping students develop resilience, strengthen their teamwork skills and build the confidence to strive for success in all areas of life. Completing the award during Year 10 is particularly beneficial, as it encourages students to develop the independence, commitment and focus that will serve them well throughout Year 11.

This year, we were delighted to welcome back Marshalls Park Academy alumnus Alexander, who now attends Brentwood School. Alexander has recently completed his Gold Expedition, and it was a pleasure to hear him share his experiences and explain how much he had enjoyed the challenge.

Alexander was an outstanding student during his time at Marshalls Park, achieving academic excellence while also making the most of the wide range of extracurricular opportunities available to him. His willingness to get involved, embrace new challenges and make the most of every opportunity has helped shape the person he is today.

Mr Dowsey would like to congratulate all the students on their Silver Award achievements and wish them every success as they move into Year 11. Just as their commitment and attitude have helped them progress through the Duke of Edinburgh Award, those same qualities will be essential as they work towards their GCSEs and future goals.





Duke of Edinburgh Award

Bronze Enrolment

We have not yet reached the half-term break, but already 30 students have enrolled on the Bronze Duke of Edinburgh Award. By the end of the half-term, they will have completed their eDofE induction and will be ready to begin working towards their Physical, Skills and Volunteering sections.

There is real excitement about the number of students taking part this year, and Mr Dowsey hopes that this will be the first year Marshalls Park Academy enrolls more than 100 students on the award.

The Duke of Edinburgh Award offers students a fantastic opportunity to develop their independence, resilience and confidence while gaining valuable experiences beyond the classroom. However, success requires commitment. Students need to be motivated, willing to challenge themselves and able to recognise the long-term personal benefits that completing the award can bring.

The programme demands hard work, dedication and a significant investment of time, but the rewards extend far beyond the award itself. The skills, experiences and personal qualities students develop can benefit them for many years after leaving Marshalls Park Academy, supporting them in their education, future careers and everyday lives.

Mr Dowsey looks forward to seeing this year's Bronze participants embrace the challenge, make the most of the opportunities available to them and take pride in their achievements.





RPA Event

Raising Participation Age (RPA) Event at Romford YMCA

On 8th October, Mr Dowsey accompanied a group of students to Romford YMCA to attend the borough's Raising Participation Age (RPA) event. The event provided students with a valuable opportunity to explore the wide range of options available to them after the age of 16.

Students were able to speak directly with representatives from local colleges, sixth forms, apprenticeship providers, employers and universities. These conversations helped them gain a better understanding of the different pathways available, the qualifications they may need and the opportunities they could pursue in the future.

With so many options to consider, it is essential that students dedicate time and effort to researching their choices. Whether they are considering further education, an apprenticeship or entering the world of work, making an informed decision can have a significant impact on their future opportunities.

While teachers, careers advisers, family members and employers can all provide valuable guidance, students ultimately need to make decisions that reflect their own interests, strengths and ambitions. The more thoroughly they research their options, the better equipped they will be to choose a pathway that suits them.

The RPA event is just one of many opportunities available to Marshalls Park Academy students as they prepare for life beyond Year 11. Choosing the right next step can feel daunting, but with the right research, guidance and support, students can approach the future with confidence.

Mr Dowsey encourages all students to make the most of the careers guidance and events available to them. This is an exciting stage in their education, and taking the time to explore their options now will help them make informed decisions about their future.



School Council

MPA School Council 2026-27

As many of you will know, Marshalls Park has a long-standing tradition of running a highly effective School Council. The group meets fortnightly to discuss key aspects of school life, raise issues on behalf of their peers and share ideas about how we can continue to improve the MPA experience for everyone in our community.

The School Council is an important part of student voice at Marshalls Park. Students are encouraged to speak openly about what is working well, what could be improved and what new ideas they would like to see introduced. Suggestions can range from small changes that make everyday school life easier to larger initiatives that help strengthen our sense of community and school spirit.

Making a real difference

Over the past year, the School Council demonstrated just how much student voice can achieve. Hundreds of student suggestions were discussed, with every idea receiving a response or explanation. Where changes could be made, representatives worked with staff to help turn students' suggestions into real improvements.

Some of the changes influenced by the School Council last year included:

New basketball nets were requested by students and subsequently installed.

Additional benches were provided in quieter areas of the school, giving students more spaces to sit and relax.

Sanitary products were made available in toilet cubicles across the school.

Snack Shack queues were improved, including the installation of additional biometric readers.

The **Food Department** began reviewing and replacing worn aprons.

IT classroom projectors were upgraded as part of refurbishment work.

Toilet lighting issues were raised by students and investigated.

Concerns about **Computer Science keyboards** were investigated.

Improved signage was introduced to make food choices, halal options and gluten-free provision clearer.

Students' views helped to **shape future PSHE curriculum planning**.

Concerns about **commendation badges** led to a review of the supplier.

These examples demonstrate that the School Council is not simply a forum for students to share ideas, it is an important mechanism through which students can help shape their school.



School Council

MPA School Council 2026-27 continued...

Listening, responding and taking action

One of the most important principles of the School Council is that students' suggestions are listened to and responded to, even when it is not possible to implement every idea.

Representatives play an important role in gathering the views of students across their year group and bringing those views to Council meetings. They are expected to represent their form fairly and confidently, including when the views being shared may differ from their own.

Form Representatives are responsible for:

Gathering the views, ideas and concerns of students across their year group.

Representing their form fairly and confidently at Year Council meetings.

Working with their peers and attached Senior Prefects to communicate student views.

Feeding back information from Council meetings to their forms.

Helping to identify practical ways in which student suggestions can contribute to school improvement.

This two-way communication ensures that the School Council remains connected to the wider student body and that representatives understand the responsibility that comes with representing their peers.

Supporting our community

The School Council also has an important role beyond changes to school facilities and everyday school life. Students have shown a strong commitment to supporting charitable causes and promoting positive messages across the school community.

This year, the School Council has already been involved in supporting Mental Health Awareness Day on 10th October. Representatives are helping to raise awareness of the importance of mental health and wellbeing, as well as supporting fundraising through a non-uniform day.

This builds on the Council's previous involvement in charity fundraising, including supporting events such as the Poppy Appeal and Save the Children's Christmas Jumper Day.

Looking ahead to 2026–27

Building on the successes of last year, this year's School Council will continue to make sure that student voice remains at the heart of school improvement at Marshalls Park.

There will undoubtedly be plenty of new suggestions, questions and ideas throughout the year. Some may result in immediate changes, while others may require further investigation or longer-term planning. What matters is that students have a genuine opportunity to contribute and that their ideas are listened to and responded to.

At the start of this academic year, students were invited to put themselves forward for the role of School Council Representative. Following a round of democratic elections, we are delighted to announce the students who will represent their peers as part of the MPA School Council for 2026–27.



School Council

MPA School Council 2026-27 continued...

	Year 7	Year 8	Year 9	Year 10	Year 11
Leads	Victoria A Sophie R	Dennis P Maisie G	Noah V Thaiya N	Filip B Eloise E	Olly F Matei M
A	Alishea L-C	Lukas G	Bradley S	Iustin P	Frankie B
B	Anele V	Younus I	Joshua N-N	Aayen N	Gboyega M
C	Melody F	Erin W	Amelia B-S	Dilia B	Tala A
D	Amir Prince K	Lois C	Thea H	Adaeyomi A	Adam F
E	Ishana S	Florin B	Cristian F	Domas M	Rosie S
F	Alfie A	Finley B	Yaseen Y	Alexander B	Beatrice L
G	Ellie M	Evelyn S	Elias W	Jack W	Ajani A
H	Owen J	Mariyah K	Phoenix K	Tan D	Elizabeth G

The School Council is overseen by our **Head Boy and Head Girl, Chloe and Ayush, as well as Juliet and Zain, our Deputies.**

We look forward to seeing the ideas, initiatives and positive changes that our new School Council will help bring to life throughout 2026–27.

With hundreds of student suggestions already being considered and responded to, the message is clear: student voice matters at Marshalls Park.

Watch this space for updates on the fantastic work of our School Council as they continue to help make Marshalls Park an even better place to learn, grow and belong.



MPA Acting Alumni

Former MPA Student Hannah Onslow Returns to our Screens!



We are delighted to shine a spotlight on former MPA student Hannah Onslow, who continues to make her mark in the world of television and film. Keep your eyes peeled for Hannah as she returns to our screens on the 25th October for the second series of the gripping BBC drama *This City Is Ours*. Hannah left MPA in 2014 after completing her Fast Track GCSE in Drama in Year 10 and her AS Level Drama in Year 11. It is wonderful to see a former student pursuing her passion and building such an exciting acting career.

Since leaving MPA, Hannah has built an impressive list of screen credits, showcasing her talent across a range of productions.

Hannah's television credits include:

Call the Midwife (2020) – Connie Blair

Ridley Road (2021) – Elise

This Is Going to Hurt (2022) – Erika

The Doll Factory (2023) – Lizzie Siddal

Belgravia: The Next Chapter (2024) – Emily Dunn

This City Is Ours (2025) – Diana Williams

Big Mood (2026) – Whitney

Her film credits include:

Empire of Light (2022) – Janine

Indiana Jones and the Dial of Destiny (2023) – Student

Unicorns (2023) – Emma



Hannah's journey is a wonderful example of where dedication, hard work and a love of the performing arts can lead. From her Drama lessons at MPA to appearing on screen alongside some of the industry's most recognised names, she has plenty to be proud of.

As her former Drama teacher, Mrs Aylett, could not be more proud of Hannah and wishes her every success as her acting career goes from strength to strength.

Congratulations, Hannah! Everyone at MPA will be cheering you on and looking forward to seeing what you do next!



Sports News

Netball

It has been a fantastic start to the netball season, with numbers continuing to grow since returning to school!

Our Tuesday after-school training sessions for Years 8–10 have been particularly popular, with **over 40 girls attending**, while our Year 7 Wednesday morning sessions have also seen an incredible **30 girls getting involved**. It has been brilliant to see so many students' showing enthusiasm for the sport and developing their skills.

The first fixtures of the season have now begun, with our Year 7 A & B and Year 8 A & B teams taking on Sacred Heart. The girls faced some tough games, but they gained lots of valuable experience and there were plenty of positives to take away. The matches have highlighted areas to work on as the season progresses, and we are looking forward to seeing the teams continue to develop and grow in confidence.

Netball was also very well represented at our Prospective Parents' Evening, with **over 50 students** getting involved and showcasing the netball club. It was fantastic to see such a strong turnout and such a positive response to the opportunities available.

A special congratulations goes to Gracie and Maisie in Year 9, who have both been awarded Sports Star of the Week for their excellent commitment to helping with Year 7 netball training. They have been a massive help at sessions, supporting the younger girls and showing fantastic leadership, enthusiasm and dedication. Well done, girls!

With such fantastic numbers and enthusiasm across all year groups, it is shaping up to be a very exciting netball season!





Sports News

Football at Marshalls Park

Year 7 Girls

The Year 7 girls had their first taste of competitive football with a game against a very good Chigwell school. The girls grew into the game and made some excellent progress throughout. They have a game again Orsett Heath on 9th October. Good luck.





Sports News

Football at Marshalls Park

U13 Girls – Essex Cup Success

The U13 girls kicked off their season on 14th October with an Essex Cup fixture against Redden Court, following some closely contested encounters between the two sides last year.

MPA made an excellent start, dominating the first half with some lovely passing football to establish a commanding three-goal lead by half-time. The second half proved more challenging, but the girls showed great determination and teamwork throughout. The defence made some excellent tackles to keep a clean sheet and secure a well-deserved 3–0 victory.

A fantastic team performance to start the season, with MPA progressing to the next round of the Essex Cup. Well done, girls!





Sports News

Football at Marshalls Park

Year 7 Boys

The boys have had two games so far this year. They began against Oaks Park in the Essex Cup. The boys were superb all game. Through the game MPA were on top with some excellent phases of play. The midfield ran they show and they came out 4-2 winners.

In the ESFA cup they played against Sander. After a poor first half they tried to recover and played a lot better, having most of the chances however, on this occasion came out losing. They have plenty more games coming up so hopefully can get back to winning way!



Year 9 Boys

The Year 9 Football team have been performing extremely well, showing great commitment, teamwork and determination. In a recent Essex Cup fixture against Emerson Park, the team put in an excellent performance, demonstrating their ability and working hard together throughout the match. After a closely contested game, the boys were unfortunately knocked out after narrowly losing on penalties.

Despite the result, the team should be incredibly proud of their performance, effort and attitude. They represented the school brilliantly, and it has been fantastic to see their progress throughout the season.



Sports News

Football at Marshalls Park

Year 11 Football

The Year 11 football team made an excellent start to the season with a comprehensive **7–2 victory in the Essex Cup**. The team showed great attacking quality and determination to secure an impressive win in their first fixture of the year.

With two competitions to look forward to this season, the team will be hoping to build on this fantastic start and continue their success in the matches ahead. Well done to all the players!





Sports News

Cross Country

On Monday 12th October the girls of Marshalls Park showed determination, resilience and fantastic team spirit as they took on the challenge of cross country, representing the school with pride.

There were some excellent individual performances throughout the race, with a special mention going to **Remy B, in Year 10, who finished an impressive 24th overall across the combined Year 10 and Year 11 competition.** This was a fantastic achievement against strong competition and a great reward for her hard work and effort.

A huge well done also goes to our Year 7 girls, who took on their first-ever 3km race! For many, this was a new challenge, but they rose to the occasion, showing courage, determination and a brilliant attitude from start to finish.



A fantastic team effort from our Year 8 and 9 students at the Cross Country! Everyone who took part should be incredibly proud of their efforts, determination and team spirit.

A special congratulations to **Sophie G, who achieved an outstanding 6th place overall in the Year 8 category** — a brilliant achievement!



Sports News

Cross Country



Cross country is about more than just finishing positions. It takes perseverance, commitment and the willingness to push yourself beyond your comfort zone, and the MPA girls demonstrated all of these qualities.

Congratulations to everyone who took part. Mr Aylett said "You should all be proud of your efforts, and we look forward to seeing what you achieve in the races to come"!

Results for all participants will follow, but for now, a huge well done to everyone who represented the school. You should all be proud of yourselves!



Sports News

Cross Country – Year 7 Boys

Well done to our top four scorers in the Year 7 cross-country competition!

A special mention goes to **Harry H**, who finished an impressive **15th in the borough competition.** 🏆

Well done to everyone who took part!





Sports News

Cross Country – Year 8 and 9

Our Year 8 and Year 9 boys performed exceptionally well at the cross-country event. The Year 8 boys did extremely well, showing great determination, effort and sportsmanship throughout the competition.

However, a special mention must go to our fantastic Year 9 boys, who delivered an outstanding performance. They secured a place in the top five schools overall, an incredible achievement that reflects their hard work, teamwork and commitment.

A huge congratulations to Viktoras T, who finished second overall, earning the title of District Runners-Up! This is a remarkable accomplishment, and we are incredibly proud of all the boys who represented the school so brilliantly.



Well done to both year groups for their fantastic efforts and for making us proud!



Sports News

Primary School T1 Rugby Event

The Year 9 boys were absolutely superb at the recent Primary School T1 Rugby Event, representing the school with outstanding effort, sportsmanship and maturity throughout the day.

All ten boys were a real credit to the school, demonstrating excellent teamwork, respect for others and a fantastic attitude from start to finish. Their performances were hugely impressive, and they approached every game with enthusiasm, determination and a willingness to support one another.

The boys received exceptional praise from both the Headmistress of Passage Farm School and James Oglethorpe, who were full of admiration for the way they conducted themselves throughout the event. Their comments reflected not only the quality of the boys' rugby, but also their character, leadership and the positive example they set for the younger pupils taking part.

It was particularly pleasing to see the boys rise to the occasion and make such a strong impression on the primary school community. They demonstrated exactly what school sport should be about: teamwork, commitment, respect and enjoyment.

All ten boys should be immensely proud of their contribution. They represented the school brilliantly, earned some outstanding feedback and showed themselves to be excellent ambassadors. A fantastic day for the boys and a thoroughly deserved well done to every member of the squad.



Girls U14 Rugby Festival 12th October 2026

On a damp Monday afternoon, Year 8 had their first experience of playing full-pitch, 15-a-side rugby, including scrums and conversions. The latter initially appeared to be the main focus, until it was pointed out that a try was required before they could attempt a conversion!

There were some excellent individual and team performances as the players quickly began to gel, demonstrating some strong tackling, determined running and great commitment throughout. The team finished with an impressive record of one win, one draw and two defeats, with the losses coming against sides with considerably more experience.

A promising start, with plenty of positives to build on as the team continues to develop!



REWARDS AT MPA

Celebrating Excellent Attendance and Punctuality!

At MPA, we know that every day counts and every minute matters. Attending school regularly and arriving on time are important habits that help students make the most of their education, build positive routines and give themselves the best possible opportunities to succeed.

We are delighted to celebrate the fantastic achievements of 19 students who achieved 100% attendance and 100% punctuality throughout last academic year:

Zaya-Rose B	8A
Jaimini B	10D
Percy B	9A
Francesca D	10D
Phoebe D	8G
Tiliyah E	8B
William G	9H
Thea H	9D
Maksym H	10H
Sarah P	8B
George R	8H
Misha R	8H
Viktoras S	9C
Milukshan S	10B
Rehan S	9D
Madalin T	8A
Valeria V	8B
Jack W	8E
Oliver W	8A

As a special reward for their fantastic achievement, each of our 19 students will receive a £10 Amazon voucher! Their dedication, consistency and determination to be in school every day, on time and ready to learn is something to be incredibly proud of. A huge well done to them all!

But this is not just about celebrating those who have already achieved perfection, it is also about encouraging every student to aim high and recognise the difference that good attendance and punctuality can make. Every lesson is an opportunity to learn something new, make progress, spend time with friends and be part of our school community.

Could you be one of our attendance champions this year?

We challenge all our students to make every effort to attend school regularly, arrive on time and be ready to learn each day. Whether you are aiming for 100% attendance or working hard to improve your current attendance, every positive step forward matters.

And there is more to come. Throughout the year, we will be introducing further incentives and rewards to celebrate students who improve or maintain their attendance and punctuality. We want to recognise not only exceptional achievements but also the effort, determination and progress that students make along the way.

Remember: every day is a fresh opportunity to show up, be on time and make it count. Let's make this a brilliant year for attendance!



REWARDS AT MPA

Celebrating Success at Marshalls Park: Our Rewards Programme

At Marshalls Park, we want every student to feel proud of their achievements, proud to contribute to our school community and proud to belong. Our rewards programme is designed to recognise students who demonstrate hard work, positive behaviour, kindness, resilience, leadership and a commitment to making the most of every opportunity.

Every achievement counts

Our rewards programme begins with achievement points which students can earn throughout the school year. They are awarded individually by staff for a wide range of achievements and positive contributions, including:

- Outstanding classwork or homework
- Exceptional effort and progress
- Acts of kindness
- Intellectual curiosity and independent learning
- Demonstrating leadership, responsibility and strength of character
- Excellent organisation, including being prepared and punctual
- Valuable contributions to clubs, sports and other extracurricular activities

Students can also earn additional achievement points through our special recognition programmes. A **Star of the Week nomination** is worth five achievement points, while being selected as the **Star of the Week** earns a further five. A **Golden Ticket** is worth 10 achievement points and recognises sustained demonstrations of excellence.

Commendations: recognising sustained success

As students build up their achievement points , they can achieve a series of **Commendations**:

Commendation:	Threshold:
Bronze	100 Achievement Points
Silver	200 Achievement Points
Gold	300 Achievement Points



REWARDS AT MPA

continued...

There is also a further **Platinum Commendation**, awarded by Mrs Aylett at the very end of the academic year. Commendation badges are worn proudly on students' blazer lapels, providing a visible recognition of their achievements.



Star Pupils and Golden Tickets

Each week, teachers nominate students who have gone above and beyond and deserve special recognition. Year Leaders then select the **Star Pupils**, who are celebrated with their year group. Parents and guardians are notified via the school app, and Star Pupils are also announced on our social media channels.

Our **Golden Ticket** scheme provides another opportunity for students to be recognised for exceptional and sustained effort, outstanding work, exceptional progress and continued excellence. Parents and guardians are notified through the app when their child receives a Golden Ticket, and winners are celebrated in year assemblies and presentations. Golden Ticket winners also receive certificates and tokens of appreciation, and are entered into a year-group raffle for the chance to win a voucher at the end of each term.



REWARDS AT MPA

continued...



Celebrating together

Our rewards programme is about much more than collecting points. It is about recognising the many different ways our students contribute to Marshalls Park and encouraging them to develop the habits and qualities that will help them succeed.

Throughout the year, students will also have opportunities to take part in **Inter-Form competitions**, with certificates, medals and badges awarded to winners. Fortnightly year-group presentations and celebration assemblies provide further opportunities to recognise individual and form achievements.

Keep up with the celebrations!

We know that parents and carers love to hear about their child's achievements, so **please keep an eye on our social media channels throughout the year**. We regularly celebrate our students' successes, including **Star Pupils, Golden Ticket winners and other commendation achievements**.



We look forward to celebrating the hard work, effort and achievements of our students throughout the year. Every achievement point matters, every contribution counts, and every student has the opportunity to be recognised.



REWARDS AT MPA

Golden Tickets

Since returning in September 18 students have been recognised for their ongoing hard work in lessons and have been awarded our Golden Ticket certificate and keyring:

Year 7	Year 8	Year 9	Year 10	Year11
Ava V - 7B	Gracie A - 8B	Archie G - 9E	Molly W - 10A	Victoria A - 11A
Amelia L - 7C	Paige L-L - 8B		Bartosz F - 10B	Elizabeth G - 11H
Jacob T - 7C	Arpon M - 8C		Riley W - 10E	
David M - 7D	Darci P - 8E		Chloe W - 10G	
	Zayne A - 8F			
	Miruna-Antonia A - 8F			
	Aronas J - 8G			



REWARDS AT MPA

Bronze Award



An extra well done to Tiliyah who is the first child in the entire school to earn her Bronze Commendation. An outstanding achievement so early on in the year!





Return to school uniform reminder

As we prepare for a new term in November 2026, can we take this opportunity to remind everyone of the uniform and appearance expectations on our return to school.

Students are expected to follow school uniform requirements at all times, which include, keeping hair a natural colour, no false eyelashes or nails, no jewellery except for one single stud earring and no knee length socks. Students must ensure that all uniform items are worn appropriately.

The uniform policy can be found on our school website under Parent Info / Uniform.

Wearing the proper uniform helps create a focused and respectful learning environment. These expectations are not about limiting individuality, but about promoting equality, safety, and a sense of belonging within our school community. When everyone follows the same standards, it reduces distractions and allows students to concentrate on their education.

With this in mind, please ensure that if your child does have eyelashes, nails or dyed hair over the half term, that they are removed in time for the first day back on Monday 2nd November 2026.

If you have any questions regarding this matter, please contact your child's Form Tutor. Thank you for your continued support in maintaining these standards. By coming to school prepared and dressed appropriately, students show respect for themselves, their peers, and their school.



Holiday Activities



United in Football and Basketball





West Ham Foundation Football Tournament at Brittons Academy

FOUNDATION

Age Group: U10s (9-10 yrs) & U13s (11-13yrs)
Time: 12pm – 2.30pm

Age Group: U16s (14-16 yrs) Time: 2.30pm – 5pm



Thursday 29
October 2026

Thursday 29 October
Brittons Academy,
Ford Lane, Rainham RM13 7BB
on the 4G pitch

to book
please
scan
the QR
code



Also including Basketball 3pm - 4pm
(8 - 14yrs) just turn up and play



Skateboarding



Monday 26
October 2026

Monday 26 October
Cottons Park, Cottons Approach,
Romford RM7 7AA

Beginners
Time 11:30 - 12:30
Intermediate
Time 1pm - 2pm
Spaces are limited.
Booking is essential.



Tuesday 27
October 2026

Tuesday 27 October
Central Park, Dagnam Park Drive,
Harold Hill RM3 9DL

to book
please
scan
the QR
code





Your website of local sports clubs, activities and venues















Good Habits!

★ PLANNING FOR ★ SUCCESS AT SCHOOL

KS4 TIPS FOR ACADEMIC ACHIEVEMENT



Plan Your Time

- Use a planner or app to track homework, deadlines & revision
- Break big tasks into smaller steps
- Stick to a routine – consistency beats cramming



Be Ready to Learn

- Arrive on time with the right equipment
- Stay engaged – ask questions if you're stuck



Study Smart

- Revise little and often, not just the night before
- Use active methods: flashcards, quizzes, mind maps
- Practise past papers to build confidence



Positive Habits = Positive Results

- Set goals for each week and review them
- Keep your phone away while studying
- Reward yourself for effort, not just results

Remember: Planning, persistence, and positive habits = success in KS4 and beyond!

Homework Apps

Sparx Reader	Sparx Reader: Spark Reader is part of our whole school literacy strategy and homework is set weekly. It is an innovative online learning platform that delivers tailored exercises to boost understanding and confidence. You can access this platform at www.sparxreader.com
	Tassomai: Our Science Department uses Tassomai to help students strengthen their understanding of key topics at home. Tassomai is an online learning tool that sets weekly quizzes to build good study habits and boost recall of core science content. You can access this platform at www.tassomai.com
Sparx Maths	Sparx Maths: Homework is set weekly on the online platform Sparx Maths. This is an innovative online learning platform designed to help students master mathematics through personalised practice and engaging activities. It uses adaptive technology to identify each learner's strengths and weaknesses, delivering tailored exercises that boost understanding and confidence. You can access this platform at www.sparxmaths.com
	Historyhomework.com: This homework is set weekly and provides Edexcel and AQA GCSE history knowledge tests. Covering many units from the specification, the tests cover all the four GCSE Assessment Objectives. You can access this platform at www.historyhomework.com
	Seneca: Seneca is an online homework and revision platform used by many of our students. It offers interactive lessons, automatic marking and personalised practice questions to help pupils study more effectively. From time to time, staff may set homework using Seneca to support class learning and reinforce key topics. You can access this platform at www.senecalearning.com
	The Everlearner: Allows students to practice the theory aspect of PE at home – with exam-board-specific tutorials, self-marking questions, exam-style questions and razor-sharp analytics to help students understand which areas they need to focus their attention on, <u>in order to succeed</u>. You can access this platform at www.theeverlearner.com



MPA – PARENT APP

A reminder to parents who currently don't have the Marshalls Park App that it is free to download on the App Store and Google Play.



Facebook.com/MarshallsParkAcademy		
Main X Account - @Marshall_Park		
Department X Accounts		
MPA_ArtDept	MPS_Careers	MPA_Dance
MPA_Drama	MPA_DT	MPA_English
MPA_Geography	MPA_History	MPA_Library
MPA_MathsDept	MPA_Media	MPA_MFL
MPA_MoreAble	MusicMPA	MPS_PE
MPA_RE	MPA_Science	MPA_dofe
Department Instagram Accounts		
marshallsarkpe	marshallsarkfooddept	mpascience
Remember you can keep up to date by following the school's dedicated Facebook and X accounts. Students and parents are reminded that the CEOP unit advise that only children over the age of 13 should have access to social media accounts.		